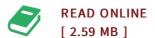




Morgan Wootten s Basketball XS and OS 2 DVD Package

By Morgan Wootten

Human Kinetics Publishers, United States, 2004. DVD video. Book Condition: New. 180 x 138 mm. Language: English. Brand New Book. Morgan Wootten compiled a remarkable 1,274-192 (.869) record in his unparalleled 46-year coaching career at DeMatha High School. With five national championships, 44 consecutive seasons with at least 20 wins, and a number one ranking in the Washington, DC, area in 20 of his last 33 years as coach, Wootten retired in 2002 as the winningest--and one of the most respected--coaches ever. Now the Hall of Fame coach s tactical expertise is available in Morgan Wootten s Basketball Xs and Os series. In these two DVDs Wootten emphasizes the offensive and defensive attacks for which he is best known: -Man-to-man and pressure defense-Zone offense and defense -Man-to-man and fastbreak offense -Situational in-bound playsEach option starts with a team s on-court alignment and basic movements against no opponent. Next comes an animated version of the play in dynamic, graphical form. Then the play is performed again, this time live and at full speed against an opponent to show exactly how to execute it in a game situation. Throughout the instruction, Wootten provides teaching points and drills to master the execution...



Reviews

Merely no phrases to describe. It really is rally intriguing through reading time. I am happy to tell you that this is basically the greatest book i have go through in my own lifestyle and might be he greatest book for ever.

-- Kattie Wunsch

Thorough guide for pdf fanatics. We have read through and i also am confident that i will gonna read once more once more later on. You wont sense monotony at whenever you want of your own time (that's what catalogues are for concerning in the event you request me).

-- Davon Senger