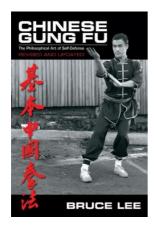
Find PDF

CHINESE GUNG-FU: THE PHILOSOPHICAL ART OF SELF-DEFENSE (PAPERBACK)



Black Belt Communications, United States, 1987. Paperback. Book Condition: New. Bruce Lee (illustrator). 3rd ed.. 206 x 138 mm. Language: English. Brand New Book. Originally published in 1963, this book includes personal testimonies regarding the author and his art from James Y. Lee, the legendary Ed Parker, and jujutsu icon Wally Jay. Through hand-drawn diagrams and captioned photo sequences, Lee s text comes to life as he demonstrates a variety of training exercises and fighting techniques. Topics include basic...

Download PDF Chinese Gung-Fu: The Philosophical Art of Self-Defense (Paperback)

- Authored by Bruce Lee
- Released at 1987



Filesize: 2.19 MB

Reviews

This publication is worth acquiring. It is actually full of knowledge and wisdom You are going to like the way the blogger publish this book.

-- Prof. Stanley Hermiston

It is easy in study better to understand. Of course, it is actually play, nonetheless an amazing and interesting literature. I am quickly could possibly get a satisfaction of reading through a published ebook.

-- Ms. Lucinda Koelpin

Definitely one of the best book We have at any time go through. It is actually filled with wisdom and knowledge I am quickly could get a delight of studying a published book.

-- Dr. Kim Bergnaum