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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2007-08-15 Pages: 213 Publisher: Beijing Normal University title: Mental Health sunlight vocational education original price: 22.8 yuan Author: PSYCHOLOGY. edited by Ye Bin Press: Beijing Normal University Publication Date: 2007-08-15 ISBN: 9787303064052 Words: 258.000 yards: 213 Edition: 2 Binding: Paperback: Weight: Editor's Summary mental health education curriculum is one of the various types of majors elective courses of secondary vocational and technical schools. Characteristics of secondary vocational education students. and according the developmental guidance Orientation for all students. this purpose of this course is mainly related to the contents of four modules: the first part. know yourself. confidence. aims to guide students to understanding and acceptance of self. to overcome feelings of inferiority. The second part. pro-active. learning to learn. aims to guide the students to clear their own interest. hobby. acquire a good way to learn. and devoted myself to learning life. The third part. emotional adjustment. coordinating relations. aims to train students stable. healthy emotional to establish harmonious inter-generational relations and the relationship between students. the right attitude towards the opposite sex and their sexual psychology. Part IV. career counseling. socially oriented. aimed at successful employment of counsel students. to adapt to the social environment for students to understand their own professional should have the professional competence and ethics. to master the job search skills. face up to the social problems in a positive state of mind to meet competition in the market. Book with the first chapter of the teachers' book catalog preface mental health - the cornerstone of success in life mental health life with mental health and success of self-understanding - the people of your self-knowledge in real life the eyes of...



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