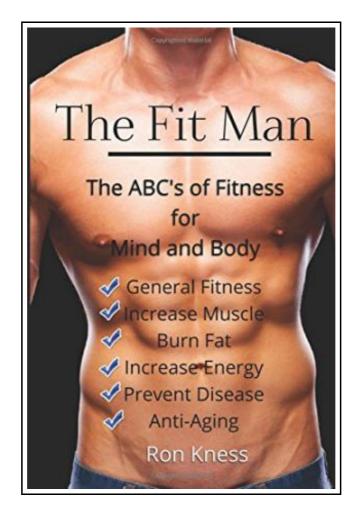
# The Fit Man: The ABC s of Fitness for Mind and Body (Paperback)



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